

Supervision Masterclass Workshop

A Two Day Masterclass in Supervision for Family and Multi-Family Therapy for Eating Disorders

When: Monday 22nd and Tuesday 23rd February 2027

Time: 09:30am - 4:30pm each day

Where: This workshop will be delivered in-person at the following address: **ORTUS Learning and Events Centre, 82 – 96 Grove Lane, London SE5 8SN**

Programme Facilitators:

Gladys Ellis, *Consultant Systemic Family Psychotherapist*
Dr Julian Baudinet, *Consultant Clinical Psychologist*
Stamatoula Voulgari, *Principal Systemic Psychotherapist*

Link to application form [here](#):

This registration form will be activated on the **Monday 5th October 2026**

Background:

Our service is a nationally and internationally renowned for clinical and research evaluation of psychological treatments for eating disorders. Findings from our studies are frequently quoted as providing the principal evidence for the effectiveness of family therapy for adolescent anorexia nervosa.

The majority of our treatment is provided on an outpatient basis using **Systemic Family Therapy for the treatment of anorexia nervosa**, often described as the **Maudsley Approach** or the **Maudsley Model**. Our treatment model places a strong emphasis on working closely with families, helping them to re-discover their strengths and resources with the parents taking an active role in finding ways to overcome their child's illness.



Aims of this Programme:

- To offer a two day master class on supervision of supervision for family therapy for Eating disorders (FT/ED) and Multifamily Therapy for Eating Disorders (MFT/ED).
- Intensive programme including basic principles of supervision of supervision, for supervisors of FT/ED and MFT/ED and complex case discussion.

What the Programme Offers:

The workshop consists of an intensive programme across 2 days.

Key Outcome:

- To strengthen existing expertise of supervision of FT/ED and MFT/ED and create a network of professionals with advanced skills in supervision for the above models and the opportunity for complex case discussion.
- It will offer 6 CPD points for qualified supervisors towards their accreditation requirements and points for clinicians using the APEL route for qualification.

This workshop is designed for a group of up to 25 clinicians. Our workshop is very popular, so we recommend early booking to avoid disappointment. We will prioritise participants working and providing supervision within an NHS Multi-Disciplinary Eating Disorders Team.

Cost:

2 days intensive programme
£400 per person

Who can Apply:

The programme is designed for **experienced clinicians and supervisors** with **significant experience** in delivering FT/ED and MFT/ED and providing supervision to eating disorders multi-disciplinary teams.

To apply for a place on this workshop, please complete the registration form here: [REGISTRATION FORM](#)

Attending the Training:

This workshop will take place in-person at the following address: *ORTUS Learning and Events Centre, 82 – 96 Grove Lane, London, SE5 8SN*. Further details for these sessions and any accompanying resources will be emailed to participants prior to the programme.

To apply, please complete the registration form here:

<https://forms.office.com/Pages/ResponsePage.aspx?id=SuTPoS5olUqOctA7m1iHqmnreUT32BBKmUnG0KzYye9UMVZITzE4VDdXUTdVRVRTOERZQUdGRVdEWS4u>

For further enquiries please email

MCCAEDTraining@slam.nhs.uk

Training Admin Coordinator: Carlisha Taylor

Training Manager: Stamatoula Voulgari



ORTUS Training Centre, The Maudsley Hospital site

