

Attachment-Based Family Therapy (ABFT) Spring 2024 Advanced Online Workshop

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Workshop Co-sponsored by US Journal Training and ABFT International Training Institute

The Attachment-Based Family Therapy Advanced Workshop is appropriate for those who have attended the full Attachment Based Family Therapy Introductory 3-day/Two-part workshop in the past.

This workshop will further develop the skills of therapists who have started using ABFT with their clients. The advanced training is a follow-up, intensive, workshop with some didactic presentations. Participants will learn about the use of emotion-focused skills in the context of ABFT as well as discuss and explore person of the therapist issues impacting one's work. During the advanced training, a certified ABFT trainer provides supervision via role-plays. In preparation for the training, we ask therapists to think about their biggest challenges in utilizing ABFT with families in Tasks 1-5.

The training is equivalent to our 3-Day in-person advanced workshop and is delivered as 6 half-day live webinars.

Dates

March 7-8, 14-15, 21-22, 2024

Time

10:30am - 2:15pm ET

WHO SHOULD ATTEND:

Counselors, Couple and Family Therapists, Mental Health Professionals, Psychiatrists, Psychologists, Psychotherapists, and Social Workers who have attended the Two-Part Introductory ABFT Workshop.

PROGRAM OBJECTIVES:

- Recognize how to facilitate a relational reframe.
- Specify how to elicit the attachment narrative.
- Discuss how to facilitate an attachment session.
- Describe when and how to deepen emotion.
- Recognize how person of the therapist issues may promote and inhibit working with attachment in families.

For additional workshop information and registration:

<https://courses.abftinternational.com>

For more information on the ABFT Training program:

<https://abftinternational.com>

If you have questions or concerns contact:

info@abftinternational.com

Please let us know if you have any disability or other special needs so that we can ensure your needs are fully met.



CONTACT HOURS AND ACCREDITATION STATEMENT:

This program is being offered for the following continuing education contact hours: 19.75

This training is co-sponsored by US Journal Training.



US Journal Training is approved by the American Psychological Association (APA) to sponsor

Continuing Education for psychologists. US Journal Training maintains responsibility for this program and its content.



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