

Pica, ARFID, and Rumination Disorder Interview (PARDI) Training

When:

Date: Thursday 11th May 2023

Time: 9:30am - 3:30pm

Where:

Online via video-conferencing

Programme Facilitator:

Dr Rachel Bryant-Waugh
Consultant Clinical Psychologist
ARFID Service Lead

Background:

PARDI is available in 4 formats: for parents/carers of children aged 2-3 years; for parents/carers of those aged 4 years and above; for individuals 8-13 years; and for individuals aged 14 years and above.

It is the most detailed assessment instrument available for the disorders it covers, and designed to complement the Eating Disorders Examination in its utility and scope. The PARDI includes diagnostic algorithms for pica, ARFID and rumination disorder, severity scores for all three disorders, and profile scores tapping interest in food and eating, sensory based avoidance, and concern about aversive consequences of eating, in ARFID.

This one day training is led by Rachel Bryant-Waugh, the lead author on the development of the PARDI.

What the Programme Offers:

The training includes an orientation to the measure, its uses, how to generate a diagnosis and profile scores, and an item by item discussion of content and ratings.

Key Outcome:

At the end of the training participants will have the skills and competencies required to be able to use the PARDI in clinical and research settings.

Cost:

1-day programme

£200.00 per person – including materials.

Who can apply:

This training is for clinicians and researchers working with people presenting with pica, ARFID, and/ or rumination disorder. The PARDI can be used with children, adolescents and adults.

Attending the Training:

This training will take place over video-conferencing. Links to the training sessions and all accompanying resources will be emailed to participants following sign-up. To attend the video-conference, participants will require a reliable Wi-Fi connection and access to Zoom.



For enquiries or to apply please contact the training administrator

Email: MCCAEDtraining@slam.nhs.uk

Training Manager:

Stamatoula Voulgari, Principal Systemic Family Psychotherapist