

# Masterclass in supervision:

## For Family and Multi-Family therapy in eating disorders

### When:

Dates: Tuesday 10<sup>th</sup>, Wednesday 11<sup>th</sup> & Thursday 12<sup>th</sup> May 2022

Time: 1:00pm to 5:00pm each day

### Where:

Online via video-conferencing

### Programme Facilitators:

Professor Ivan Eisler

*Professor of Family Psychology & Family Therapy*

Gladys Ellis

*Consultant Systemic Family Psychotherapist*

### Background:

The aim of this programme is to offer a masterclass in supervision for Maudsley Family Therapy for Eating Disorders (FT/ED) and Multifamily Therapy for Eating Disorders (MFT/ED). This Intensive masterclass, comprised of three half-days, will include basic principles of supervision, FT and MFT/ED specific supervision of supervision, and complex case discussion.

### Aims of this Programme:

- To promote evidence-based practice in the treatment of Eating Disorder (NICE Guidelines, 2017).
- To discuss basic principles of supervision.
- To strengthen existing expertise of supervision of FT/ED and MFT/ED
- To provide participants with the skills, knowledge and confidence in order to apply this model to their relevant clinical setting.

### What the Programme Offers:

The training consists of an intensive programme across 3 half-days with a combination of didactic and experiential components, including case discussion.

### Key Outcome:

To strengthen existing expertise of supervision of FT/ED and MFT/ED and create a network of professionals with advanced skills in supervision for the above models and the opportunity for complex case discussion. It will offer 6 CPD points for qualified supervisors towards their accreditation requirements, and points for clinicians using APEL route for qualification. We recommend early booking to guarantee a place and thus avoid disappointment.



## Cost:

### 3 half-days Masterclass

**£320.00 per person** – online discounted price including materials

*Teams who attend with 2 or more colleagues will receive an additional 15% discount per person.*

## Who can Apply:

The programme is designed for experienced clinicians and supervisors, with significant experience in delivering FT-ED and MFT-ED and providing supervision for eating disorders multi-disciplinary teams. It can include experienced supervisors of FT-ED and MFT-ED from all disciplines (i.e. Psychiatrists, Family Therapists, Psychologists, Psychotherapists, and Nurse Specialists).

## Attending the Training:

This training will take place over video-conferencing. Links to the training sessions and all accompanying resources will be emailed to participants following sign-up. To attend the video-conference, participants will require a reliable Wi-Fi connection and access to Zoom.

*For enquiries or to apply please contact  
the training administrator*

**Email:** [MCCAEDtraining@slam.nhs.uk](mailto:MCCAEDtraining@slam.nhs.uk)

**Telephone:** 020 3228 8141

### Training Manager:

Stamatoula Voulgari,

Principal Systemic Family Psychotherapist

